

From Sandra's Study
Rev. Sandra Fees

There's a reason they call them the "lazy days of summer." Things seem to slow down. School is over. Many of us will take time off and spend it relaxing and playing. The long hours of daylight make it easy to fill our time with walks, swimming, kayaking, barbeques, gardening, and more.

But when I look at my calendar for July, I have to laugh a little. Though I'm on leave from regular church work, the month is already filled with things like the Peace Parade, speaking at Pride Festival, a Mandala workshop at Pendle Hill, even a meeting of the Berks Connections/Pre-Trial Services Board. I'm starting to think I need to pencil in "hang out" or "do nothing."

I do love all the activities and ways of serving in the world. I see I also need to keep practicing the art of being. Just being is after all a delight in itself. For me, this means having some days that are unscheduled and allowing them to be filled with the spontaneous desires of my heart and spirit – even if that means simply spending the day reading, sitting on the porch, or watching the birds. I find it's good for me to tap into my own rhythms in that way. I hope you too will enjoy a month filled with summer fun and also some time to be.

Warmly,
Sandra

Minister's Summer Schedule

July 1- August 11 Vacation and Study Leave

During this time, Rev. Fees is available for pastoral emergencies. Please contact Pat Getz, chair of the Caring Committee, with other pastoral needs.

August 12-September 2 Office hours by appointment

Note:

No lunch bunch in July or August

No prayer shawl ministry in July