

From Sandra's Study
Rev. Sandra Fees

Christians turn to the Bible and tradition for insight into their faith. Muslims look to the Qu'ran and the five pillars of Islam. Where do we Unitarian Universalists turn? For one thing, we have the seven principles, and these provide an important foundation for our spiritual and ethical life. Last winter/spring I offered a sermon series on them, which can be found on our website.

But we also have six sources from which our tradition draws, and these are increasingly helping us grow spiritually. It is from these sources we can draw religious knowledge and insight. This winter/spring, beginning on February 17, I will be offering a sermon series on these sources. They include:

- Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life. (Feb. 17)
- Words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion and the transforming power of love. (Feb. 24)
- Wisdom from the world's religions which inspires us in our ethical and spiritual life. (March 2)
- Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves. (March 9)
- Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit. (March 30)
- Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature. (April 6)

For those interested in a bit of background reading, consider "A Chosen Faith" by John A. Buehrens and Forrest Church (available at the UUA bookstore online). By exploring the six sources together, we can take a closer look at what inspires and nourishes us religiously. I look forward to beginning that process with you later this month.

Warmly,
Sandra